

## Teacher Lesson Summary

**Lesson plan title:** Cross-cultural Cookbook Project with school in Sopron, Hungary  
**Your name/name of your school:** Lisa Sterling, Southeast Guilford High School  
**City/country:** Greensboro, NC  
**Primary subject of lesson (History, English, etc):** Art  
**Grade level of students:** high school  
**Total required time to teach lesson (e.g., “two fifty minute lessons”):** Five classes, 50 minutes each

### Goal(s) of lesson:

- Students will:
  - connect with European teens as a way to expand their world and their understanding of difference
  - explore a story of survival from 20<sup>th</sup> century central Europe
  - learn about food traditions in their own families

### Brief summary of your lesson:

We began by watching Centropa’s film *So that Memory Doesn’t Die*, about Teofila Silberring’s harrowing experience during the Holocaust. She was saved from starvation by a kind family friend who gave her blueberry pirogues at key moments, and we focused on the role these pirogues played in her story. After discussing this, students were asked to research an important food in their family, and then to make a cookbook page –either by hand, or digitally – and represent the dish and its importance in the family through images, colors, and design. We put the cookbook pages together into one cookbook and exchanged the cookbook with Bernadette Czehi’s class in Sopron, Hungary. In addition, students were given email addresses of students in Bernadette’s class and corresponded with each other throughout the project.

### Centropa and other sources used:

Film: [\*So That Memory Doesn’t Die\*](#), about Teofila Silberring

Art materials of any kind, or access to a computer with design software to make the cookbook page