



Centropa Lesson

Survival in Sarajevo: An exploration of civic and community values Quotes

"The true essence of humankind is kindness. There are other qualities which come from education or knowledge, but it is essential, if one wishes to be a genuine human being and impart satisfying meaning to one's existence, to have a good heart."

Tenzin Gyatso (born 1935), The 14th Dalai Lama (B. 1935)

"Life's most urgent question is: What are you doing for others?"

Martin Luther King, Jr. (1929-1968), Minister, Civil Rights Activist

"Believe, when you are most unhappy, that there is something for you to do in the world. So long as you can sweeten another's pain, life is not in vain."

Helen Keller (1880-1968), Author, Lecturer, Activist

"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."

President Barack Obama

"Never lose sight of the fact that the most important yardstick of your success will be how you treat other people - your family, friends, and coworkers, and even strangers you meet along the way."

Barbara Bush, First Lady

"The only thing necessary for the triumph of evil is for good men to do nothing."

Edmund Burke (1729-1797), Statesman, Author, Philosopher

"We must become the change we want to see in the world."

Mohandas Karamchand Gandhi (1869-1948); Indian Political/Spiritual Leader

"I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do."

Helen Keller (1880-1968); Author, Lecturer, Activist

"Never believe that a few caring people can't change the world. For, indeed, that's all who ever have."

Margaret Mead (1902-1978), Cultural Anthropologist